

"We have local outreach in Communities across County Durham"

Durham County Carers Support is financially supported by:

NHS

North Durham Clinical Commissioning Group

NHS

Durham Dales, Easington and Sedgefield Clinical Commissioning Group







How to contact us...

Durham County Carers Support

(Registered Address)
Enterprise House
Enterprise City
Meadowfield Avenue
Spennymoor
County Durham
DL16 6JF

Tel: 0300 005 1213 Text: 07624 818 403 Email: admin@dccarers.org

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find us on Facebook

www.dccarers.org

Please ask us if you would like this information in another language or format





Charity Number: 1069278 Company Number: 3534933



do you look after someone?

Find out how we can help...



Are you a carer?

- A Carer is someone who, without payment, provides care and support to a partner, disabled child, relative, friend or neighbour who could not manage without their help.
- You may help with their personal care, provide emotional or practical support or just ensure they are safe and coping.
- You may often feel isolated, overwhelmed and undervalued and as a carer you are important.

We are here to help



We can support you with...

- Specialist advice and information
- Home visits offering one to one support
- Practical help with completing forms, gaining benefits, grants and other funding
- A listening ear and telephone support
- Opportunity to meet other Carers
- Signposting to other services which may be of benefit
- Ensuring Carers have an opportunity to have their voices heard

"Extremely friendly, have dealt with all my little problems efficiently"

"A valuable resource for all carers in County Durham. Keep up the good work!

"Fantastic support :) Thank you!

If you would like more information about help available to Carers please complete the slip and return to the address below. You do not need a stamp

FREEPOST RTXA-HHGH-SAGE Durham County Carers Support Enterprise House Enterprise City Meadowfield Avenue Spennymoor County Durham DL16 6JF

Or contact our Contact Team on: 0300 005 1213

Name:
Address:
Post Code:
Telephone No:
Where did you pick up this leaflet?

We will be in touch soon

