

Singing for the Brain

Would you be interested in attending a Singing for the Brain group?

Singing for the Brain brings people affected by dementia together to sing a variety of songs they know and love, in a fun and friendly environment. We also do vocal exercises that help improve brain activity and wellbeing.

If you would be interested in attending a Singing for the Brain group in this area please let us know on:

Telephone: 0191 3890400

Email:

durhamandchester@alzheimers.org.uk

**Here for everyone
affected by dementia**
alzheimers.org.uk

Get in touch today

durhamandchester@alzheimers.org.uk

0191 3890400

